

2022 Pathways to Sport Excellence

8:30am-Registration/Check in/Housekeeping – meeting rooms C & D		
8:45am-9:45am		
<u>Athletes</u> Serena Graf, RCC	<u>Coaches/Parents/LSOs</u> <i>Andrea Wooles - Using Safe Sport to help athletes flourish</i>	<u>Coaches</u> <i>Katie Klassen- All Youth Matter: Inclusion Training – meeting room B</i>
Transition		
10:00am-11:00am Breakouts		
<u>Athletes/Parents/Coaches</u> Dr. Greg Anderson - <i>Harnessing neural adaptation for sport and fitness</i>	<u>Coaches/Parents/LSOs</u> Serena Graf, RCC	
Transition		
11:15am-noon		
<u>Athletes</u> <i>Amy Atkinson - Introduction to Power Yoga/Injury Prevention – Fitness Studio</i>	<u>Coaches/Parents/LSOs</u> <i>Jason Peters – Connecting with Indigenous Athletes, Coaches and Communities – meeting room C & D</i>	
Lunch 12:00pm-12:15pm by Taste Kitchen Inc. – meeting room C & D		
12:15pm-1:15pm Keynote Speech – Andrea Wooles meeting room C & D		
1:15pm-1:30pm Closing Remarks/Conference Evaluations/Questions/Wrap Up/Prizes		