

# FREE Unplug and Play Activities 2023

To register and for more information, visit [LiteracyInKamloops.ca](https://LiteracyInKamloops.ca) or the [Interior Savings Unplug and Play Family Literacy Week Facebook page](https://www.facebook.com/InteriorSavingsUnplugandPlay).

## Week-Long Activities

### Pickup and Take Home Kits

**Take & Make Kids Meal Kits**, Mount Paul Community Food Centre, registration open Monday, January 23, pick up Tuesday, January 24, register for the Kid's Kits 2023 at [bit.ly/unplugandplay2023](https://bit.ly/unplugandplay2023)

**Crafts to Go with the Thompson-Nicola Regional Library**, register at [TNRL.ca/Calendar](https://TNRL.ca/Calendar) or 250-372-5145

**Seniors' Colouring Contest**, pick up at the Thompson-Nicola Regional Library or any Interior Savings branch

### Virtual on YouTube

[See the Interior Savings Unplug and Play Kamloops YouTube Channel](https://www.youtube.com/channel/UC...)

**Story Time with Amy Baskin**, Kamloops Community YMCA-YWCA

**Circle Time with Michelle**, Kamloops Community YMCA-YWCA

**Family Mindfulness**, Kamloops Community YMCA-YWCA

**Learn Magic with Clinton W. Gray**

#### Saturday, January 21

**Play: outside, a card game, Hide and Seek, I Spy**

**ABC Family Literacy Day, Drop between 9:00 am and 10:30 am OR 10:30 am and 12:00 pm**

Henry Grube Education Centre, 245 Kitchener Crescent, register at [ABCDay2023.EventBrite.ca](https://ABCDay2023.EventBrite.ca)

**Saturdays on Seymour, 10:00 am–12:00 pm**

Drop-in, Kamloops Museum and Archives, 207 Seymour Street

**Drama Games with WCT Stage One, 11:00 am–12:00 pm**

Kelson Hall, 300 St. Paul Street, Register at [terri@wctlive.ca](mailto:terri@wctlive.ca)

**Drama and Improv Games for Teens with WCT**

**Stage One, 1:00–2:00 pm**

Kelson Hall, 300 St. Paul Street, Register at [terri@wctlive.ca](mailto:terri@wctlive.ca)

**Bring a Children's Book to the Kamloops Blazers Game** and support Literacy in Kamloops (regular admission)

#### Sunday, January 22

**Move: stretch, swim, skate, slide, skip**

**Snowshoe at Stake Lake, 9:00 am–4:00 pm**

with PacificSport Interior BC and Overlander Ski Club

**Sledge Hockey with PacificSport Interior BC, 11:30 am–12:30 pm**

McArthur Island Sport and Event Centre Olympic Ice, 1655 Island Parkway, register at [PacificSportInteriorBC.com/Events/](https://PacificSportInteriorBC.com/Events/)

**Family Fun Swim, 11:30 am–1:30 pm**, Kamloops YMCA/YWCA, 400 Battle Street, register at 250-372-7725 or [bit.ly/3FONHy1](https://bit.ly/3FONHy1)

#### Monday, January 23

**Create: a picture, a poem, a healthy snack**

**Welcome Winter Circle Time, 11:00–11:45 am**

Gathering Room, John Tod Centre, 150 Wood Street, register at 250-376-4771

**Family Fun Swim, 6:00–8:00 pm**

Drop-in, Westsyde Pool, 859 Bebek Road

#### Tuesday, January 24

**Explore: a neighbourhood, a playground, a trail**

**Downtown Storywalk with BLSC, 10:00 am–5:00 pm**

Pick up the map at the Downtown Library, 465 Victoria Street

**Pajama Storytime with Grandma and Grandpa, 6:30–7:00 pm**

North Kamloops Library, 693 Tranquille Road, register at [TNRL.ca/Calendar](https://TNRL.ca/Calendar) or 250-372-5145

**Youth Board Games and Treats (ages 11–18), 3:00–6:00 pm**

Drop-in, BGC Youth Room, John Tod Centre, 150 Wood Street

#### Wednesday, January 25

**Build: a tower, a snowman, a fort**

**Downtown Storywalk with BLSC, 10:00 am–5:00 pm**

Pick up the map at the Downtown Library, 465 Victoria Street

**Learn, Sing and Play the Metis Way, 10:00–11:00 am**

Drop-in, Lii Michif Otipemisiwak Family & Community Centre, 707 Tranquille Road

**Mindful Movement, 11:00–11:30 am**

Drop-in, John Tod Centre 150 Wood Street

**Indigenous Game Event with PacificSport Interior BC, 5:00–7:00 pm**

Drop in, Moccasin Square Gardens, Tk'emlúps te Secwépemc, 315 Yellowhead Highway

**Family Board Games Night, 6:00–7:30 pm**

Drop-in, Downtown Library, 465 Victoria Street

#### Thursday, January 26

**Learn: a new word, a magic trick, a dance move**

**Downtown Storywalk with BLSC, 10:00 am–5:00 pm**

Pick up the map at the Downtown Library, 465 Victoria Street

**Magnet Story Making, 10:00–11:30 am**

Drop-in, Kamloops Museum and Archives, 207 Seymour Street

**FOOLED! A Comedy Magic Show with Clinton W. Gray, 4:30–5:15 pm OR 6:00–6:45 pm**

John Tod Centre Gym, 150 Wood Street

4:30 show: [430PMShow.EventBrite.ca](https://430PMShow.EventBrite.ca)

6:00 show: [6PMShow.EventBrite.ca](https://6PMShow.EventBrite.ca)

#### Friday, January 27

**Read: song lyrics, a recipe, a flyer, a comic**

**Downtown Storywalk with BLSC, 10:00 am–5:00 pm**

Pick up the map at the Downtown Library, 465 Victoria Street

**Magnet Story Making, 10:00–11:30 am**

Drop-in, Kamloops Museum and Archives, 207 Seymour Street

#### Saturday, January 28

**Reflect and Celebrate: talk, laugh, eat, and play together**

**Cross Country Ski Event with PacificSport Interior BC, and the City of Kamloops, 9:00 am–12:00 pm**

West Highland Park Fields, register at [PacificSportInteriorBC.com/Events/](https://PacificSportInteriorBC.com/Events/)

**Downtown Storywalk with BLSC, 10:00 am–5:00 pm**

Pick up the map at the Downtown Library, 465 Victoria Street

**Family Geology with the Kamloops Family History Society, 10:00 am–12:00 pm**

Drop-in, Kamloops Museum and Archives, 207 Seymour Street

**Crafts to Go with the Thompson-Nicola Regional Library, 11:00–11:45 am** by Zoom, register at [TNRL.ca/Calendar](https://TNRL.ca/Calendar) or 250-372-5145

**Family Art Saturday, 1:00–3:00 pm**

Drop-in, Kamloops Art Gallery, 465 Victoria Street

Registration opens Wednesday, January 18, 2023

Follow us on Instagram @kamloopsunplugplay Use hashtags #literacyinkamloops and #unplugandplayweek to show us how you Unplug and Play!

Enter to win a prize with Interior Savings at [Facebook.com/InteriorSavings](https://Facebook.com/InteriorSavings).